

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



AUGUST 2024

<p>4</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Terry</p>	<p>5</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:00 Tai Chi DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:30 POKENO - RR 3:00 Horse Races - RR 6:00 Paris Olympic Coverage</p>	<p>6</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:30 Name that Tune with Piano Man Dan - RR 1:00 The Life of Doris Day-RR 2:30 Bean Bag Baseball - RR 3:30 Wii Golfing - RR 6:00 Paris Olympic Coverage</p>	<p>7</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise 10:30 Mary Sheerly's Jewelry Boutique - RR 11:00 Tai Chi DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 You Be the Judge - RR 6:00 Paris Olympic Coverage</p>	<p>8</p> <p>9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Strength Exercise with Ginger - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:30 Happy Hour & Music with Mike Ely - RR 6:00 Bingo with Terry - RR</p>	<p>9</p> <p>9:00 Outing- Nevada County Fair with Hilltop Commons 9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:00 Tai Chi DVD - RR 1:30 1950's Culture Video - RR 3:00 Afternoon Bingo - RR 6:00 Friday Night Movie - RR</p>	<p>10</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - LB 6:00 Saturday Night Movie - RR</p>
<p> OLYMPIC CLOSING CEREMONIES 11</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Terry</p>	<p>12</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:00 Tai Chi DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:30 Water Color Painting - RR 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>13</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:00 Seated Massages - CR 1:30 Hearing Aid Checks - LB 2:30 Bean Bag Baseball - RR 3:30 TV Trivia - RR 6:00 Yahtzee Hour - RR</p>	<p>14</p> <p>9:00 Qi Gong DVD - RR 9:00 Bible Study & Worship - CH 10:00 Seated Strength Exercise with Ginger - RR 11:00 Tai Chi DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Colored Pencil Art - LB 6:00 Residents Card Night- LB</p>	<p>15</p> <p>9:00 Outing- Cal Automobile Museum and Out to Lunch 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Strength Exercise 11:30/12:00 Wii Bowling- RR 2:30 Happy Hour & Music with Gary Blodgett 6:00 Bingo with Terry - RR</p>	<p>16</p> <p>9:00 Outing- Hard Rock Casino 9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise 11:00 Tai Chi DVD - RR 1:00 Fashion History of the 1950's- RR 2:30 Karaoke Hour with Jim & Linda 6:00 Friday Night Movie</p>	<p>17</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - LB 6:00 Saturday Night Movie - RR</p>
<p>18</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Terry</p>	<p>19</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise 11:00 Tai Chi DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:00 The Life of Marilyn Monroe - RR 3:00 TV Trivia - RR 6:00 Puzzle Hour - LB</p>	<p>20</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:30 Name that Tune with Piano Man Dan - RR 1:30 Teaching Kitchen: Watermelon - RR 3:30 Wii Golfing - RR 6:00 Yahtzee Hour - LB</p>	<p>21</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:00 Tai Chi DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 1950's TV Trivia - RR 6:00 Residents Card Night- LB</p>	<p>22</p> <p>***1950's Day*** 9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 11:30/12:00 Wii Bowling- RR 2:00 50's Hula Hoop Contest 2:30 50's Sock Hop & Happy Hour with Michael Jasper 4:00-6:00 p.m. Blue Plate Special Dinner 6:00 Bingo with Terry - RR</p>	<p>23</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Strength Exercise 11:00 Tai Chi DVD - RR 12:30 30 Famous Foods From the 1950's - RR 1:30 Carnival Toss Game - RR 3:00 Rock-n-Roll Prize Bingo- RR 6:00 Grease Movie - RR</p>	<p>24</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - LB 6:00 Saturday Night Movie - RR</p>
<p>25</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 10:00 Brain Teasers - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Matinee Movie - RR with Popcorn 6:00 Bingo with Terry - RR</p>	<p>26</p> <p>9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 1:30 Fall Prevention Class with a Clinical Educator 3:00 Horse Races - RR 6:00 Puzzle Hour - LB</p>	<p>27</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Strength Exercise with Ginger - RR 11:00 Seated Massages - CR 1:00 The Life of Sophia Loren - RR 2:30 Bean Bag Baseball - RR 3:30 You Be the Judge - RR 6:00 Yahtzee Hour - LB</p>	<p>28</p> <p>9:00 Qi Gong DVD - RR 9:00 Bible Study & Worship - CH 10:00 Seated Strength Exercise with Ginger - RR 11:00 Tai Chi DVD - RR 1:00 POKENO - RR 2:30 Afternoon Bingo - RR 3:30 Colored Pencil Art - LB 6:00 Residents Card Night- LB</p>	<p>29</p> <p>9:00 Tai Chi DVD - RR 9:00 Catholic Communion - CH 10:00 Seated Strength Exercise with Ginger - RR 11:30 Wii Bowling Session 1- RR 12:00 Wii Bowling Session 2- RR 2:30 Happy Hour & Birthday Party with Del and Susan 6:00 Bingo with Terry - RR</p>	<p>30</p> <p>9:00 Outing- Leatherby's Ice Cream Parlour & Drive 9:00 Qi Gong DVD - RR 10:00 Seated Exercise - RR 11:00 Tai Chi DVD - RR 1:30 Top 20 Cars & Trucks of the 1950's - RR 3:00 Afternoon Bingo - RR 6:00 Friday Night Movie - RR</p>	<p>31</p> <p>9:00 Tai Chi DVD - RR 10:00 Seated Exercise - RR 11:00 Stretch & Strength Exercise DVD - RR 1:00 Wii Bowling Session 1 - RR 1:30 Wii Bowling Session 2 - RR 2:30 Crossword Puzzle Club - LB 6:00 Saturday Night Movie - RR</p>

RR = Rose Room (1st floor) *** LB = Library (1st floor) *** DR = Dining Room (1st floor) *** CR = Craft Room (1st floor) *** CH = Chapel (2nd floor) *** ST = Sunset Terrace *** Events on the calendar are subject to change!